

Employment as an Option

Employment Services & Mental Health Recovery



The evidence of employment being an important social determinant of health increases every day. As a result, the resources for employment services have been expanding. Increasing access to employment services for people with mental health conditions broadens recovery options and provides a pathway for building social support. Here are key takeaways from our recent mental health webinars and tools to strengthen employment services.

1

Webinar 1 Recap: Employment as an Option for Mental Health Recovery with Virginia Selleck

- People with disabilities have higher unemployment rates and significantly higher mortality rates.
- Dr. Selleck provided [*a visual framework for employment*](#). This quadrant can be used for finding opportunities for collaboration and gaps in resources.
- Organizations should identify local resources to refer or collaborate with.
- Studies show higher employment rates for IPS supported employment.

2

Webinar 2 Recap: Application of Employment Services in Indiana

- Supported employment is an effective strategy for all people with disabilities, not just individuals with developmental disabilities.
- Employment providers may be the biggest source of encouragement in an individual's life if they're struggling with addiction and/or a mental health diagnoses.
- Assess the buy-in from your organization--learn how by watching Dr. Selleck's presentation [here](#).



Available Resources

[Indiana VR](#), official site for Indiana VR services

[Level Up Indiana](#), official employment specialist training project of Indiana VR

[Indiana CMHC Council](#), Learn how others in Indiana are building their programs

[IPS Employment Center](#), Individual Placement & Support (IPS) training & info